



faith . discipline . patience

“What’s the plan, mom?”

Have you had your middle-aged child ask you this?

Whether we like it or not, age takes its toll, and not always in a gradual way.

If you are no longer able to function safely in your home, where do you intend to live?

With one of the children?

Or maybe there’s a particular facility nearby you like?

Or has one of the children intimated there’s a place near them?

What kind of wait list does the place have?

Do you like the vibes? Can you afford it? What type activities could you maintain? Do they have transportation services?

Whatever your thoughts on this I encourage you to talk with your loved ones about what you would like to happen if, heaven forbid, you or they suddenly find themselves face to face with a medical professional asking, ‘what does she want’.

I know it’s not a fun topic but necessary all the same. Who knows, the conversation could be a way to connect and deepen your relationship with family members and loved ones.

Good luck.

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